

# Medical cannabis patient guide



Utah Department of  
**Health & Human Services**  
Center for Medical Cannabis

## The Utah Medical Cannabis Act

The Utah Medical Cannabis Act allows medical providers to recommend medical cannabis to qualified patients.

Medical providers can be a MD, DO, APRN, PA, or podiatrist.

Utah residents with a qualifying condition can apply for a medical cannabis card. You can only get a card from the Utah Department of Health and Human Services (DHHS). Visit the DHHS Medical Cannabis website, [medicalcannabis.utah.gov](https://medicalcannabis.utah.gov), to learn more.

The use of medical cannabis is a team effort between you, your medical provider, and a pharmacist.

## Possession limit

By law, you are only allowed to have 30 days of treatment based on dosing guidelines recommended by your medical provider. You can't have:

- More than 113 grams of unprocessed cannabis (flower); and
- More than 20 grams of total composite THC in all other medicinal dosage forms.



A variety of medical cannabis products are on a desk with a stethoscope.

## Where can I learn more?

The Center for Medical Cannabis is a service of the Utah Department of Health and Human Services.

Website: [medicalcannabis.utah.gov](https://medicalcannabis.utah.gov)

Phone: 801-538-6504

For questions about the Utah Medical Cannabis Program, email: [medicalcannabis@utah.gov](mailto:medicalcannabis@utah.gov)



## How do I get medical cannabis?

The use of medical cannabis is a team effort between you, your medical provider, and a pharmacist.

### 1. Locate a provider.

Qualified Medical Providers (QMP) are registered with the DHHS and can recommend medical cannabis to qualifying patients of all ages. To view an active list of QMPs, visit [medicalcannabis.utah.gov/providers](https://medicalcannabis.utah.gov/providers).

Limited Medical Providers (LMP) are not registered and can only recommend medical cannabis if you're older than 21.

### 2. Meet face-to-face with a medical provider.

You must meet with a medical provider in-person. The provider will evaluate your condition and medical history and verify if you have a qualifying condition. You must have a qualifying condition to get a medical cannabis recommendation.

### 3. Apply for a medical cannabis card.

You must apply for a medical cannabis card with the DHHS, at [medicalcannabis.utah.gov/patients](https://medicalcannabis.utah.gov/patients). Most cards are issued with a 6-month renewal. There are 4 categories of medical cannabis cards:

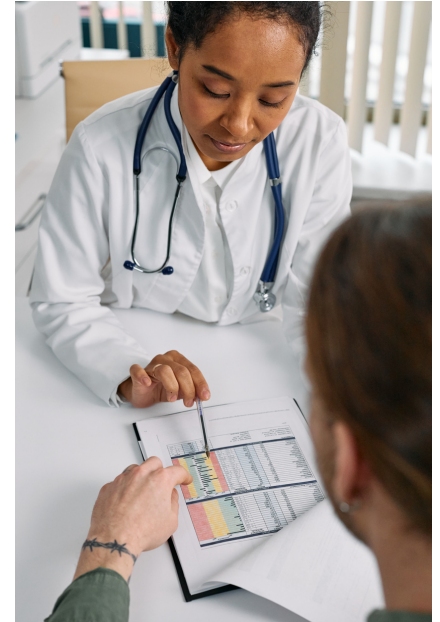
- General: adults
- Provisional: minors
- Guardian: parents/legal guardians of minors
- Caregiver: those who care for adult patients

### 4. Pay the online application fee.

Complete your online application and pay the fee. The DHHS will review the application and notify you once all the requirements have been met. Then you may purchase the recommended medical cannabis.

### 5. Visit a licensed pharmacy.

A list of DHHS licensed medical cannabis pharmacies can be found at [medicalcannabis.utah.gov/pharmacies](https://medicalcannabis.utah.gov/pharmacies).



A doctor reviews a medical record with a patient.

## What is a qualifying condition?

Qualifying conditions under the Utah Medical Cannabis Act:

- ALS
- Alzheimer's disease
- Autism
- Cachexia
- Crohn's disease
- Debilitating seizures
- Epilepsy
- HIV
- Hospice care
- MS
- Nausea
- Persistent or acute pain
- Persistent muscle spasms
- PTSD
- Rare conditions
- Terminal illness
- Ulcerative colitis

*Note: Patients with medical conditions not listed in the law may petition the Compassionate Use Board (CUB) for a medical cannabis card. Additional information can be found at [medicalcannabis.utah.gov/patients](https://medicalcannabis.utah.gov/patients).*