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# CANNABIS EXPOSURES REPORTED TO POISON CENTERS

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# DISCLOSURES

No financial disclosures

# TAKE HOME POINTS

- Cannabis exposures ↑ when cannabis access expands
- Adults experience anxiety/panic attacks
- Children sedated, more severe effects
- Serious outcomes rare but do occur
- Store cannabis like other Rx meds
- Label cannabis like Rx meds

# COLORADO MEDICAL CANNABIS

Table 1. Demographics of Patients Seen in the Children's Hospital Emergency Department for Ingestions<sup>a</sup>

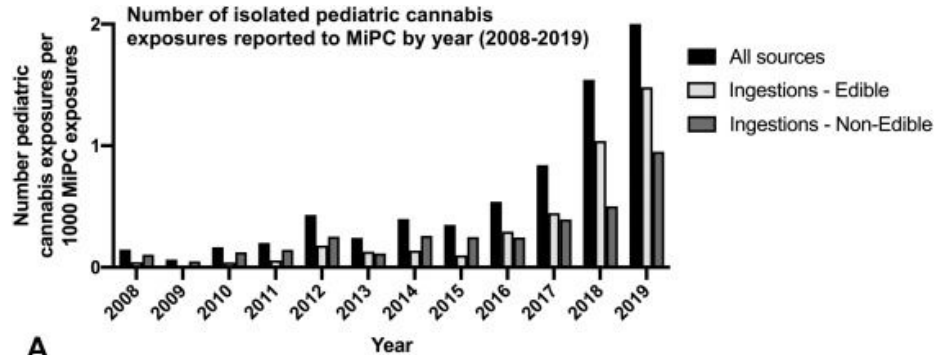
Characteristic	January 1, 2005, Through September 30, 2009	October 1, 2009, Through December 31, 2011
No. of patients	790	588
Age, median (IQR), y	2.6 (1.6-3.0)	2.3 (1.5-3.6)
Male sex	449 (56.8)	334 (56.8)
Types of ingestions		
Acetaminophen	90 (11.3)	48 (8.2)
Antihistamine	43 (5.4)	32 (5.4)
Antidepressant	23 (2.9)	14 (2.3)
Antitussive	18 (2.2)	14 (2.3)
Marijuana exposures	0	14 (2.3)

Abbreviation: IQR, interquartile range.

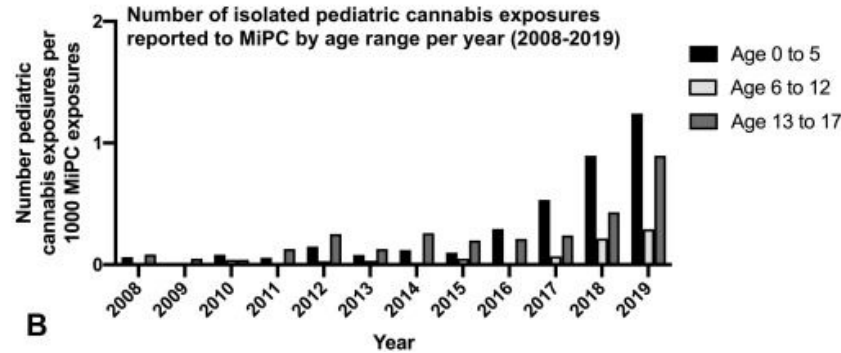
<sup>a</sup> Values are given as number (percentage) unless otherwise noted.

doi:10.1001/jamapediatrics.2013.140

# MICHIGAN PEDIATRIC EXPOSURES



A

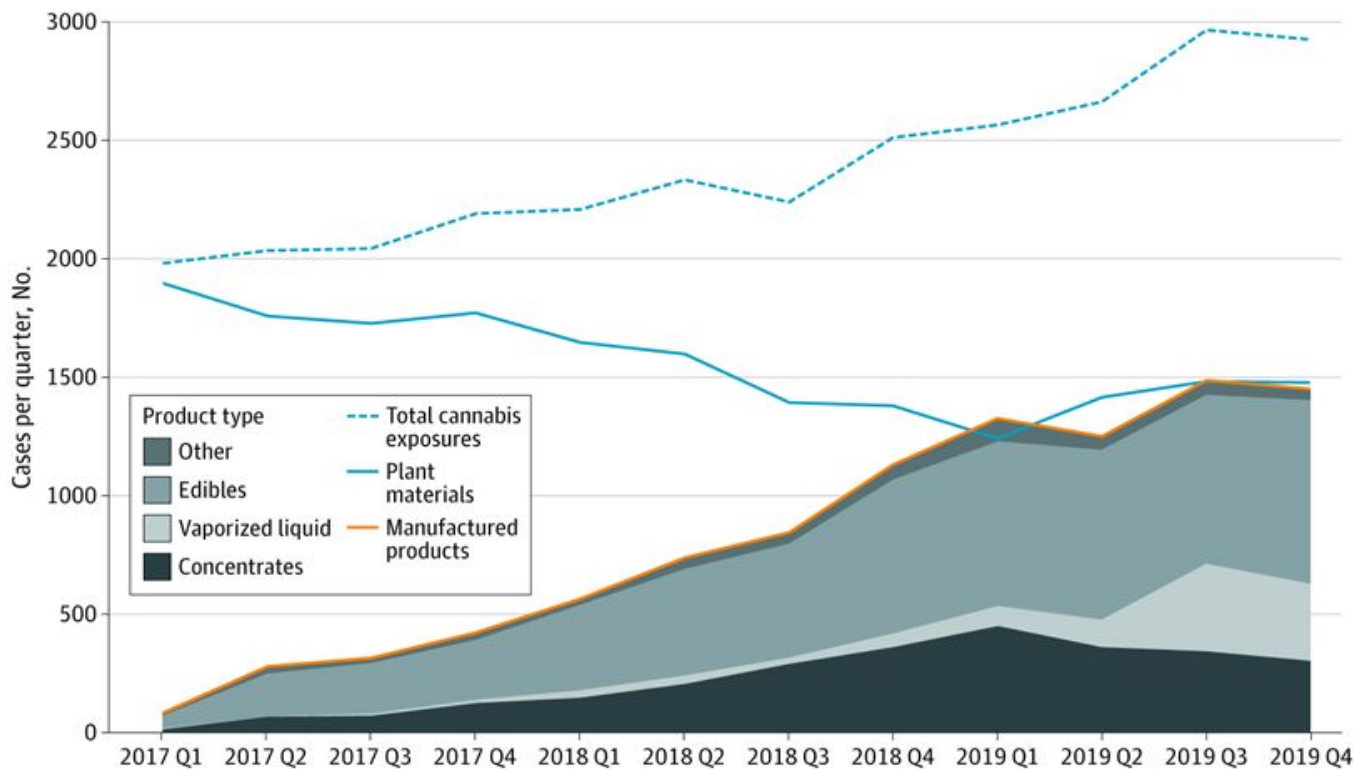


B

Medical 2008  
Recreational 2018

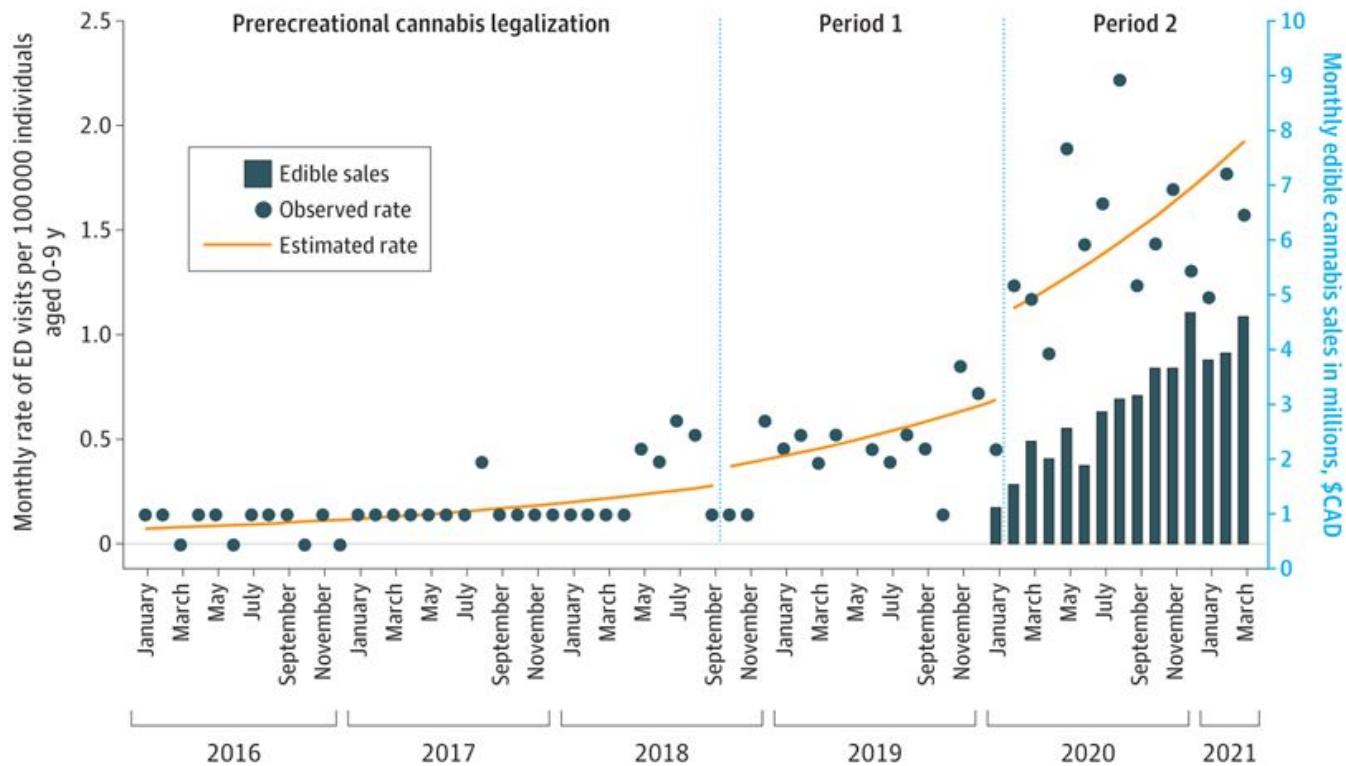
<https://doi.org/10.1016/j.jemermed.2020.12.028>

# US POISON CENTERS 2017-2019



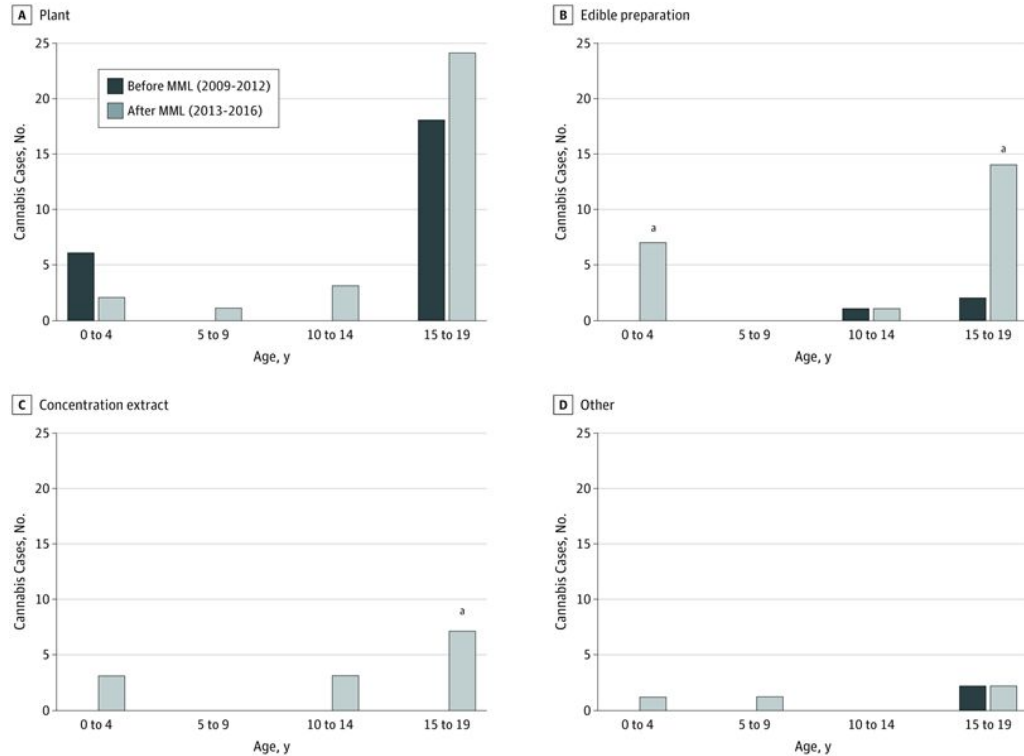
doi:10.1001/jamanetworkopen.2021.10925

# CANADA PEDIATRIC ER VISITS FOR CANNABIS



doi:10.1001/jamanetworkopen.2021.42521

# MASSACHUSETTS PEDS MEDICAL CANNABIS



doi:10.1001/jamanetworkopen.2019.9456

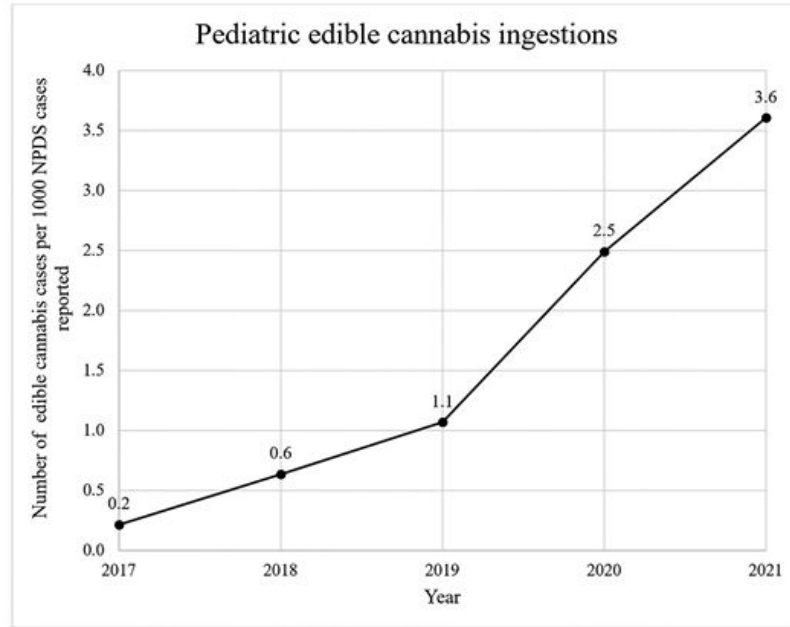


# US ADULTS >50 CANNABIS POISON CENTER



<https://doi.org/10.1080/15563650.2020.1806296>

FIGURE 1

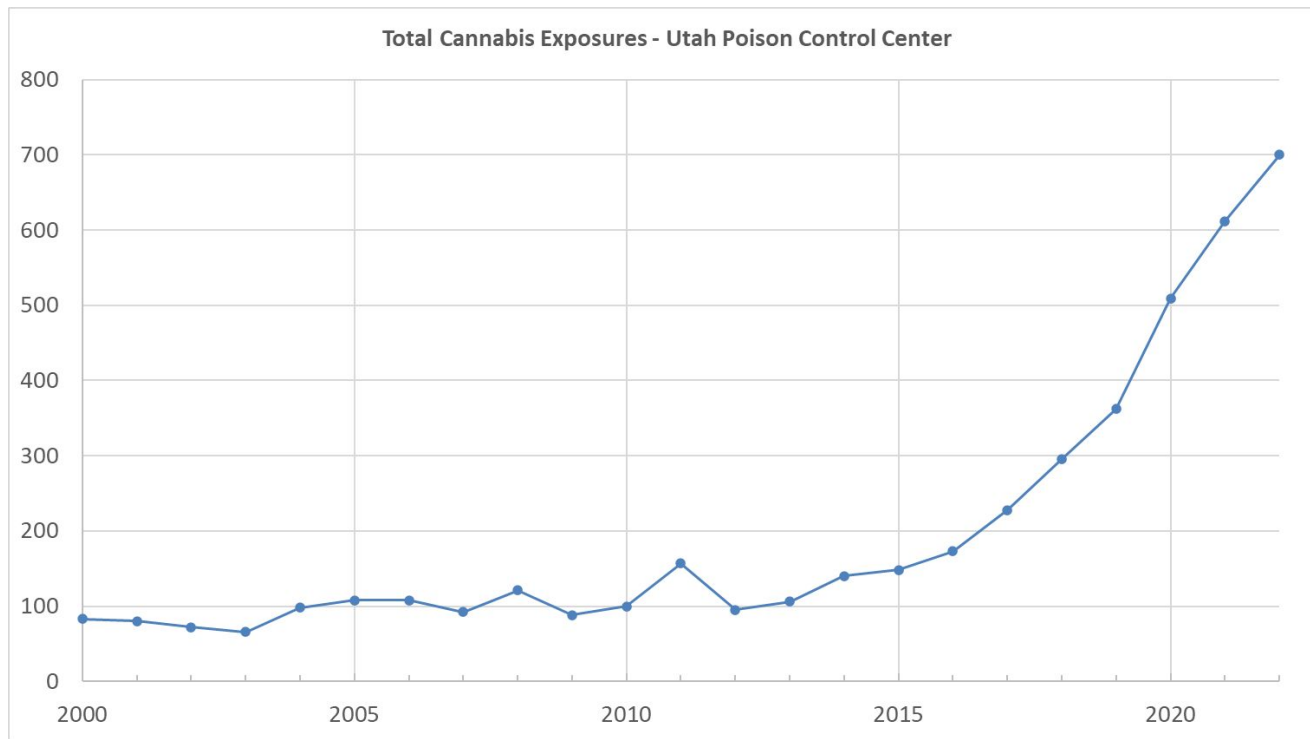


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Pediatric edible cannabis product ingestions per 1000 pediatric calls to the National Poison Data System by year.

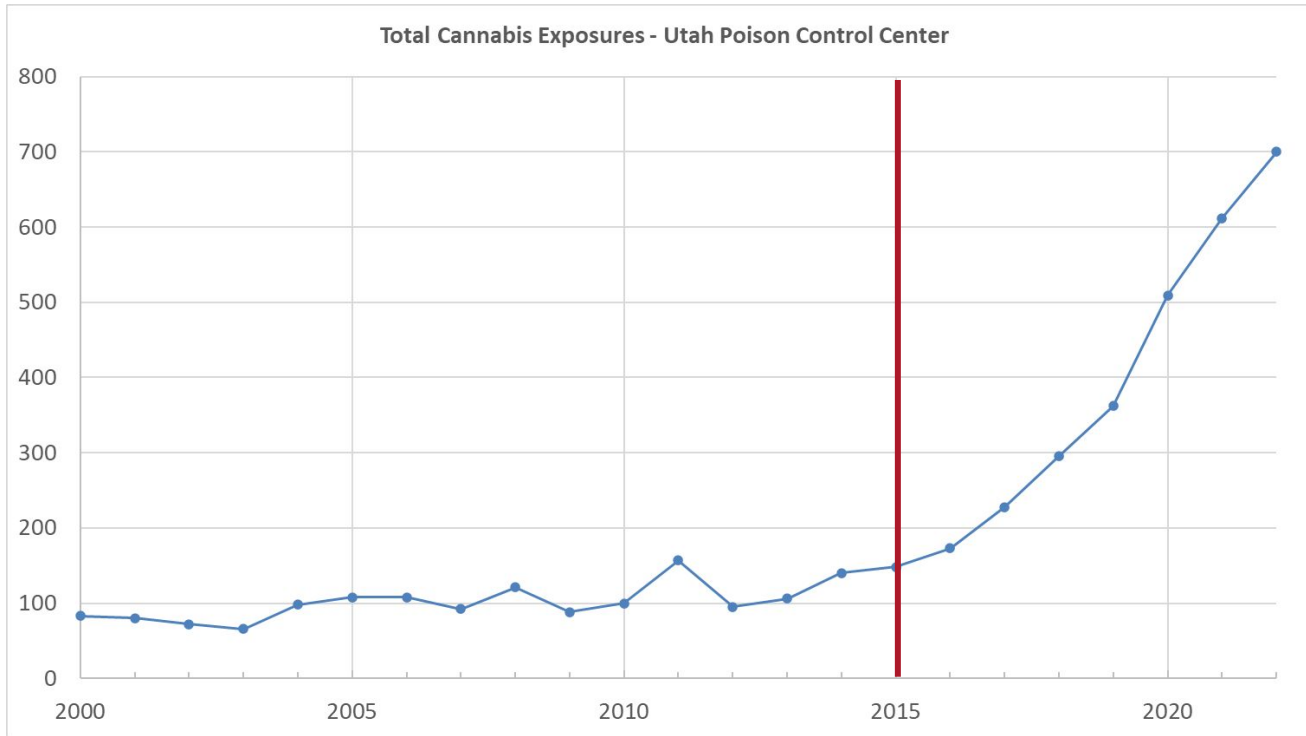
<https://doi.org/10.1542/peds.2022-057761>

# UTAH CANNABIS EXPOSURES - ALL AGES



Utah Poison Control Center Internal Data

# UTAH CANNABIS EXPOSURES



## Medical

California	1996
Washington	1998
Oregon	1998
Colorado	2000
Nevada	2001
Arizona	2010
Utah	2020

## Recreational

Colorado	2014
Washington	2014
Oregon	2015
California	2016
Nevada	2017
Arizona	2020

# ADVERSE EFFECTS

## Adults

- Anxiety/paranoia
- Panic attacks
- Calm reassurance
- Serious outcomes exceedingly rare

## Children

- Often edibles
- Unrecognized = expensive workup
- Sedation
- Rare need for ICU

# WHAT DOES THIS ALL MEAN?

- More cannabis available = more cannabis exposures
- Edibles disproportionate problem
- Most patients do ok
- Rare seizures, intubation in children
- Unclear how much Utah medical cannabis is contributing

# WHAT SHOULD WE DO ABOUT IT?

- Treat
- 
- 
- 
- 
- 
- See
- Pre



<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6597667/>

# TAKE HOME POINTS

- Cannabis exposures ↑ when cannabis access expands
- Adults experience anxiety/panic attacks
- Children more severely affected
- Serious outcomes rare but do occur
- **Laws/rules/outreach to reduce adverse effects/accidental exposure similar to Rx meds**



# REFERENCES

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